000379 - Grilled Cheese CACFP :	Components	Attributes	Allergens	Allergens	Allergens
000379 - Grilled Cheese CACLE.	Components	Attributes	Present	Absent	Unidentified
HACCP Process: #2 Same Day Service	Meat/Alt: 1.5 oz				? - Milk
Number of Portions: 25	Grains: 1 oz				? - Egg
Size of Portion: 1/2 Sandwich	Fruit:				? - Peanut
	Vegetable:				? - Tree Nut
	Milk:				? - Fish
					? - Shellfish
					? - Soy
					? - Wheat

Ingredients	Measures	Instructions
902982 Bread – Whole Wheat	25 slice	Lay bread out on baking sheet(s) lined with parchment paper, open faced.
051556 Cheese, Cheddar, Yellow, Reduced Fat, Sh 004679 OIL,PAM COOKING SPRAY,ORIGINAL	9 5/8 cups 12 1/2 spray, about 1/3 second	2. Place 1/2 cup of cheese on each sandwich. Replace top piece and lightly spray each sandwich with pan spray.
		3. Place in 350° F oven for 10-12 minutes until cheese is melted and bread is toasted golden brown. Hold hot for service. Sandwiches should not remain in the oven on warm setting for more than 20 minutes before service.

*Nutrients are based upon 1 Portion Size (1/2 Sandwich)

			11	utileitts are bas	eu upon i i ornon size	(1/2 Sandwich	')	
Calories	176 kcal	Cholesterol	31 mg	Sugars	2.0 g	Calcium	*0.00* mg	52.29% Calories from Total Fat
Total Fat	10.22 g	Sodium	392 mg	Protein	12.92 g	Iron	*0.00* mg	33.23% Calories from Saturated Fat
Saturated Fat	6.50 g	Carbohydrates	12.09 g	Vitamin A	*0.0* IU	Water ¹	*0.40* g	0.00% Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	*0.0* mg	Ash ¹	*0.44* g	27.48% Calories from Carbohydrates
								29.37% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

- * denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ denotes optional nutrient values
- ² Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.